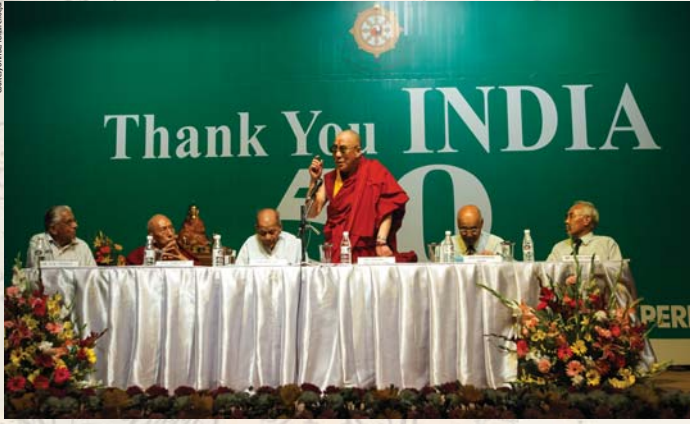


# The Dalai Lama and the People of India

## A Son of India



The Dalai Lama at the 'Thank You India - 50 years' program (2009)



Meeting people in the early days in exile

Some quotes from the Dalai Lama:

...All particles in my mind contain thoughts from Nalanda (tradition); and it is Indian dal and chapati that has built this body. I am mentally and physically a son of India.

...India has so many languages and dialects, yet remains strongly united because there is the freedom of speech and rule of law.

...India is the land of religious harmony, so many different communities live together here, practicing such diverse religious traditions.



...The friendship and sympathy the Indian people as a whole have shown Tibetans has made us feel this is truly our second home, indeed, wherever Tibetans have had skills and abilities of their own we have been able to exercise them. Overall India has given us the greatest moral and material support. Looking back over the past fifty years, we feel confident that we made the right choice when we sought refuge in India.



Addressing a conclave in Delhi

